## BODY FUNCTIONS

= physiological functions of body systems (including psychological functions)

### b130 (G) Energy and drive functions

General mental functions of physiological and psychological mechanisms that cause the individual to move towards satisfying specific needs and general goals in a consistent manner.

**Inclusions:** functions of energy level, motivation, appetite, craving (including craving for substances that can be abused) and impulse control

**Exclusions:** consciousness functions (b110); temperament and personality functions (b126); sleep functions (b134); psychomotor functions (b147); emotional functions (b152)

### b134 Sleep functions

General mental functions of periodic, reversible and selective physical and mental disengagement from one’s immediate environment accompanied by characteristic physiological changes.

**Inclusions:** functions of amount of sleeping and onset, maintenance and quality of sleep; functions involving the sleep cycle, such as in insomnia, hypersomnia and narcolepsy

**Exclusions:** consciousness functions (b110); energy and drive functions (b130); attention functions (b140); psychomotor functions (b147)

### b152 (G) Emotional functions

Specific mental functions related to the feeling and affective components of the processes of the mind.

**Inclusions:** functions of appropriateness of emotion, regulation and range of emotion; affect; sadness, happiness, love, fear, anger, hate, tension, anxiety, joy, sorrow; liability of emotion; flattening of affect

**Exclusions:** temperament and personality functions (b126); energy and drive functions (b130)

### b280 (G) Sensation of pain

Sensation of unpleasant feeling indicating potential or actual damage to some body structure.

**Inclusions:** sensations of generalized or localized pain in one or more body part, pain in a dermatome, stabbing pain, burning pain, dull pain, aching pain; impairments such as myalgia, analgesia and hyperalgesia

### b455 Exercise tolerance functions

Functions related to respiratory and cardiovascular capacity as required for enduring physical exertion.

**Inclusions:** functions of physical endurance, aerobic capacity, stamina and fatigue

**Exclusions:** functions of the cardiovascular system (b410-b429); haematological system functions (b430); respiration functions (b440); respiratory muscle functions (b445); additional respiratory functions (b450)

### b620 Urination functions

Functions of discharge of urine from the urinary bladder.

**Inclusions:** functions of urination, frequency of urination, urinary continence; impairments such as in stress, urge, reflex, overflow, continuous incontinence, dribbling, automatic bladder, polyuria, urinary retention and urinary urgency

**Exclusions:** urinary excretory functions (b610); sensations associated with urinary functions (b630)

### b640 Sexual functions

Mental and physical functions related to the sexual act, including the arousal, preparatory, orgasmic and resolution stages.

**Inclusions:** functions of the sexual arousal, preparatory, orgasmic and resolution phase: functions related to sexual interest, performance, penile erection, clitoral erection, vaginal lubrication, ejaculation, orgasm; impairments such as in impotence, frigidity, vaginismus, premature ejaculation, priapism and delayed ejaculation

**Exclusions:** functions of the cardiovascular system (b410-b429); haematological system functions (b430); respiration functions (b440); respiratory muscle functions (b445); additional respiratory functions (b450)

### b710 Mobility of joint functions

Functions of the range and ease of movement of a joint.

**Inclusions:** functions of mobility of single or several joints, vertebral, shoulder, elbow, wrist, hip, knee, ankle, small joints of hands and feet; mobility of joints generalized; impairments such as in hypermobility of joints, frozen joints, frozen shoulder, arthritis

**Exclusions:** stability of joint functions (b715); control of voluntary movement functions (b760)

### b730 Muscle power functions

Functions related to the force generated by the contraction of a muscle or muscle groups.

**Inclusions:** functions associated with the power of specific muscles and muscle groups, muscles of one limb, one side of the body, the lower half of the body, all limbs, the trunk and the body as a whole; impairments such as weakness of small muscles in feet and hands, muscle paresis, muscle paralysis, monoplegia, hemiplegia, paraplegia, quadriplegia and akinetic mutism

**Exclusions:** functions of structures adjoining the eye (b215); muscle tone functions (b735); muscle endurance functions (b740)

## ACTIVITIES AND PARTICIPATION

= execution of a task or action by an individual and involvement in a life situation

### d230 (G) Carrying out daily routine

**Carrying out simple or complex and coordinated actions in order to plan, manage and complete the requirements of day-to-day procedures or duties, such as budgeting time and making plans for separate activities throughout the day.**

**Inclusions:** managing and completing the daily routine; managing one’s own activity level Exclusion: undertaking multiple tasks (d220)

### d240 Handling stress and other psychological demands

**Carrying out simple or complex and coordinated actions to manage and control the psychological demands required to carry out tasks demanding significant responsibilities and involving stress, distraction, or crises, such as driving a vehicle during heavy traffic or taking care of many children.**

**Inclusions:** handling responsibilities; handling stress and crisis
<table>
<thead>
<tr>
<th>d410</th>
<th>Changing basic body position</th>
</tr>
</thead>
</table>
| Getting into and out of a body position and moving from one location to another, such as getting up out of a chair to lie down on a bed, and getting into and out of positions of kneeling or squatting.  
Inclusions: changing body position from lying down, from squatting or kneeling, from sitting or standing, bending and shifting the body's centre of gravity.  
Exclusion: transferring oneself (d420) |

<table>
<thead>
<tr>
<th>d415</th>
<th>Maintaining a body position</th>
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</thead>
</table>
| Staying in the same body position as required, such as remaining seated or remaining standing for work or school.  
Inclusions: maintaining a lying, squatting, kneeling, sitting and standing position |

<table>
<thead>
<tr>
<th>d420</th>
<th>Transferring oneself</th>
</tr>
</thead>
</table>
| Moving from one surface to another, such as sliding along a bench or moving from a bed to a chair, without changing body position.  
Inclusion: transferring oneself while sitting or lying  
Exclusion: changing basic body position (d410) |

<table>
<thead>
<tr>
<th>d450 (G)</th>
<th>Walking</th>
</tr>
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</table>
| Moving along a surface on foot, step by step, so that one foot is always on the ground, such as when strolling, sauntering, walking forwards, backwards or sideways.  
Inclusions: walking short or long distances; walking on different surfaces; walking around obstacles  
Exclusions: transferring oneself (d420); moving around (d455) |

<table>
<thead>
<tr>
<th>d455 (G)</th>
<th>Moving around</th>
</tr>
</thead>
</table>
| Moving the whole body from one place to another by means other than walking, such as climbing over a rock or running down a street, skipping, scampering, jumping, somersaulting or running around obstacles.  
Inclusions: crawling, climbing, running, jogging, jumping and swimming  
Exclusions: transferring oneself (d420); walking (d450) |

<table>
<thead>
<tr>
<th>d465</th>
<th>Moving around using equipment</th>
</tr>
</thead>
</table>
| Moving the whole body from place to place, on any surface or space, by using specific devices designed to facilitate moving or create other ways of moving around, such as with skates, skis, or scuba equipment, or moving down the street in a wheelchair or a walker.  
Exclusions: transferring oneself (d420); walking (d450); moving around (d455); using transportation (d470); driving (d475) |

<table>
<thead>
<tr>
<th>d470</th>
<th>Using transportation</th>
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</table>
| Using transportation to move around as a passenger, such as being driven in a car or on a bus, rickshaw, jitney, animal-powered vehicle, or private or public taxi, bus, train, tram, subway, boat or aircraft.  
Inclusions: using human-powered transportation; using private motorized or public transportation  
Exclusions: moving around using equipment (d465); driving (d475) |

<table>
<thead>
<tr>
<th>d510</th>
<th>Washing oneself</th>
</tr>
</thead>
</table>
| Washing and drying one’s whole body, or body parts, using water and appropriate cleaning and drying materials or methods, such as bathing, showering, washing hands and feet, face and hair, and drying with a towel.  
Inclusions: washing body parts, the whole body; and drying oneself  
Exclusions: caring for body parts (d520); toileting (d530) |

<table>
<thead>
<tr>
<th>d520</th>
<th>Caring for body parts</th>
</tr>
</thead>
</table>
| Looking after those parts of the body, such as skin, face, teeth, scalp, nails and genitals, that requires more than washing and drying.  
Inclusions: caring for skin, teeth, hair, finger and toe nails  
Exclusions: washing oneself (d510); toileting (d530) |

<table>
<thead>
<tr>
<th>d530</th>
<th>Toileting</th>
</tr>
</thead>
</table>
| Planning and carrying out the elimination of human waste (menstruation, urination and defecation), and cleaning oneself afterwards.  
Inclusions: regulating urination, defecation and menstrual care  
Exclusions: washing oneself (d510); toileting (d530) |

<table>
<thead>
<tr>
<th>d540</th>
<th>Dressing</th>
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</table>
| Carrying out the coordinated actions and tasks of putting on and taking off clothes and footwear in sequence and in keeping with climatic and social conditions, such as by putting on, adjusting and removing shirts, skirts, blouses, pants, undergarments, saris, kimonos, tights, hats, gloves, coats, shoes, boots, sandals and slippers.  
Inclusions: putting on or taking off clothes and footwear and choosing appropriate clothing |

<table>
<thead>
<tr>
<th>d550</th>
<th>Eating</th>
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</table>
| Carrying out the coordinated tasks and actions of eating food that has been served, bringing it to the mouth and consuming it in culturally acceptable ways, cutting or breaking food into pieces, opening bottles and cans, using eating implements, having meals, feasting or dining.  
Exclusion: drinking (d560) |

<table>
<thead>
<tr>
<th>d570</th>
<th>Looking after one’s health</th>
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</table>
| Ensuring physical comfort, health and physical and mental well-being, such as by maintaining a balanced diet, and an appropriate level of physical activity, keeping warm or cool, avoiding harms to health, following safe sex practices, including using condoms, getting immunizations and regular physical examinations.  
Inclusions: ensuring one’s physical comfort; managing diet and fitness; maintaining one’s health |

<table>
<thead>
<tr>
<th>d640</th>
<th>Doing housework</th>
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</table>
| Managing a household by cleaning the house, washing clothes, using household appliances, storing food and disposing of garbage, such as by sweeping, mopping, washing counters, walls and other surfaces; collecting and disposing of household garbage; tidying rooms, closets and drawers; collecting, washing, drying, folding and ironing clothes; cleaning footwear; using brooms, brushes and vacuum cleaners; using washing machines, driers and irons.  
Inclusions: washing and drying clothes and garments; cleaning cooking area and utensils; cleaning living area; using household appliances; storing daily necessities and disposing of garbage  
Exclusions: acquiring a place to live (d610); acquisition of goods and services (d620); preparing meals (d630); caring for household objects (d650); caring for others (d660) |
<table>
<thead>
<tr>
<th>Code</th>
<th>Activity</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>d660</td>
<td>Assisting others</td>
<td>Assisting household members and others with their learning, communicating, self-care, movement, within the house or outside; being concerned about the well-being of household members and others. <strong>Inclusions</strong>: assisting others with self-care, movement, communication, interpersonal relations, nutrition and health maintenance. <strong>Exclusion</strong>: remunerative employment (d850)</td>
</tr>
<tr>
<td>d710</td>
<td>Basic interpersonal interactions</td>
<td>Interacting with people in a contextually and socially appropriate manner, such as by showing consideration and esteem when appropriate, or responding to the feelings of others. <strong>Inclusions</strong>: showing respect, warmth, appreciation, and tolerance in relationships; responding to criticism and social cues in relationships</td>
</tr>
<tr>
<td>d770</td>
<td>Intimate relationships</td>
<td>Creating and maintaining close or romantic relationships between individuals, such as husband and wife, lovers or sexual partners. <strong>Inclusions</strong>: romantic, spousal and sexual relationships</td>
</tr>
<tr>
<td>d850 (G)</td>
<td>Remunerative employment</td>
<td>Engaging in all aspects of work, as an occupation, trade, profession or other form of employment, for payment, as an employee, full or part time, or self-employed, such as seeking employment and getting a job, doing the required tasks of the job, attending work on time as required, supervising other workers or being supervised, and performing required tasks alone or in groups. <strong>Inclusions</strong>: self-employment, part-time and full-time employment</td>
</tr>
<tr>
<td>d920</td>
<td>Recreation and leisure</td>
<td>Engaging in any form of play, recreational or leisure activity, such as informal or organized play and sports, programmes of physical fitness, relaxation, amusement or diversion, going to art galleries, museums, cinemas or theatres; engaging in crafts or hobbies, reading for enjoyment, playing musical instruments; sightseeing, tourism and travelling for pleasure. <strong>Inclusions</strong>: play, sports, arts and culture, crafts, hobbies and socializing <strong>Exclusions</strong>: riding animals for transportation (d480); remunerative and non-remunerative work (d850 and d855); religion and spirituality (d930); political life and citizenship (d950)</td>
</tr>
</tbody>
</table>