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| ICF Assessment Sheet |
| Patient Perspective | Body Functions & Structures | *Statements from patient/client about their body functions and/or structures** Example: Some days I feel energetic, some days not
* Example: I have some pain in the muscles of my neck
* Example: I have no control over my bladder and bowel
* Example: I can’t control any muscle activity in my legs
 | Activities & Participation | *Statement from patient/client about engaging in daily/periodic activities and participating in community, social and political life** Example: I can’t hold bottles nor handle objects with my hands
* Example: I go out with friends every weekend
* Example: I want to work again, but I currently don’t know what kind of work I will do in the future
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| Health Professional Perspective | *Information/rating from multidisciplinary team of health professionals about patient/client’s body functions and structures** Example: Substantially reduced energy and drive
* Example: Moderately reduced mobility in shoulder joint
* Example: Increasing spasticity with physical exercise
* Example: Persisting grade 1 pressure sores
 | *Information/rating from multidisciplinary team of health professionals about the patient/client’s engagement in daily/periodic activities and participation in community, social and political life** Example: Complete limitations in fine hand use
* Example: Severe limitations in hand and arm use
* Example: Socializes regularly with friends
* Example: Remunerative employment has to be clarified
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| Environmental Factors |  | Personal Factors |
| *Information/rating from multidisciplinary team of health professionals and patient/client about the environmental factors that serve as barriers and/or as facilitators*Example: Flat not adapted for wheelchair, is on the 3rd floor and has no elevatorExample: Parents are supportive – sometimes too supportiveExample: Supportive friendsExample: Pre-injury employer may be willing to have (patient/client name) return to work in the future |  | *Information/rating from multidisciplinary team of health professionals and patient/client about the personal factors that serve as barriers and/or as facilitators*Example: 30 year old femaleExample: Was working part-time as bookkeeper and studying toward a Master’s degree before her accidentExample: Used to be sportive before the accidentExample: Often expects too much too quickly – tends to be impatientExample: Has a positive outlook on life |